

TALKING ASD & ADHD WORKSHOP:

Sibling Struggles

Workshops are FREE to parents and carers living in [Hertfordshire](#) of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.



MONDAY
10th June 2024
9.30-11.15am



We will help you to learn about:

- What to do if your children are fighting or arguing.
- Dealing with jealousy and unfairness.
- Recognising the pressures & worries on siblings of a child with ASD/ADHD.
- Helping your children develop a network of support.
- Helping your children to communicate with each other without conflict.
- Managing your own difficult feelings and helping your children to manage theirs.

An online parent workshop delivered to your home via Zoom.

FREE for parents and carers living or with a child in school in Hertfordshire

Booking essential via Eventbrite Link:

<https://www.eventbrite.co.uk/e/talking-asd-and-adhd-sibling-struggles-for-parentscarers-in-herts-662-registration-852261867187>



Or Contact Supporting Links
QUOTING REFERENCE SL662

01442 300185

info@supportinglinks.co.uk



Funded by Hertfordshire County Council's Targeted Parenting Fund



'This workshop came at just the right time for my children. I know I am going to be able to help them both now I feel confident.'