



AVA Against Violence and Abuse

A FREE 10 WEEK COURSE SUPPORTING PRIMARY-AGED CHILDREN WHO HAVE LIVED WITH DOMESTIC ABUSE

COURSE COVERS:

- VALIDATION OF CHILDREN'S EXPERIENCES
- SAFETY PLANNING
- UNDERSTANDING ABUSE AND REDUCING SELF-BLAME
- APPROPRIATE VERSUS INAPPROPRIATE EXPRESSIONS OF EMOTION

PROGRAMME CONSISTS OF 10 X WEEKLY SESSIONS

DATES:

Tuesday afternoons from 12th November 2024 to 28th January 2025

TIME: 15:30-17:15



To book a place, please complete the online form below or click on the QR:

<https://forms.office.com/e/9ySnz3SSig>