

HERTFORDSHIRE BEE YOU



NHS

Hertfordshire and
West Essex
Integrated Care Board

Understanding my **Autism** and **ADHD**

A new virtual service, jointly commissioned by Hertfordshire County Council and the NHS, supporting autistic/ADHD children & young people.

Offering tailored support for autistic/ADHD children & young people aged from 7-16 years on a range of weekly topics.

All sessions will be held online.



FREE ONLINE SUPPORT AVAILABLE TO YOU!

Family and Health Services Commissioning

