



## Impact headline report for Physical Education– Spring 2024

Date	Action	Impact
Autumn 2024	Get Set PE Scheme	<p>Teachers are clear about the progression of skills across the school and how they link across the various PE units. Children receive a broad range of physical activity through the curriculum, with staff more confident in the delivery of PE and they are therefore bringing high quality teaching into these lessons. Children are able to use specific vocabulary linked to their PE units and can also link this to other curriculum areas.</p>
Autumn 2024	PE Apprentice	<p>The sports apprentice is very knowledgeable and skilled in understanding different types of sports and activities. He supports with delivering high quality PE lessons while working with the whole class and smaller groups. Children are given the support needed to feel confident with what they are doing whether this be in gymnastics, balls skills or any other PE lessons in our curriculum. The sports apprentice is running the boys football club and the girls football club and has supported with taking them to matches. This has enabled our football team to practise and thrive and has also given the opportunity to the rest of the year groups to play at lunchtimes with the support of an adult. He has run after school clubs, including flag football and bench ball with support and plays lots of active games with the children at after school club. Having a sports apprentice who is so engaged has allowed Howe Dell to promote the importance of being active during lunchtimes and playtimes and in extracurricular activities.</p>
Autumn 2024	Welwyn Hatfield Sports Alliance	<p>Children in year 3 are being taught by a secondary school PE coach once a week so are being exposed to high quality vocabulary, skills and subject knowledge. The year 3 teachers are being supported in growing their own confidence with teaching PE. This will move to another year group in the summer term.</p> <p>Children have been to several aspire and engage events where they are exposed to new sports and are learning to take part in competitive games against other schools. Vulnerable learners have been given the opportunity to try new sports in a relaxed environment at the inspire events organised by Welwyn Hatfield Sports Alliance. Due to the sports alliance, we have been able to attend more events as our partnering school, Onslow, have a minibus which we have access to which supports the children getting to and from events when possible.</p> <p>Year 6, 5 and 4 children have been able to compete in the football league against several different schools.</p>

Spring 2024	Orienteering course (Enrich Education)	We have paid for 2 courses to be put into our playground- one of these is a permanent course and one is moveable. We will have access to curriculum resources that link to the course that will support children with brain breaks and learning breaks for those with additional needs. We will also be able to use this as a whole class resources that can be linked to every subject which will support the children to keep active while learners. This should also engage children who find active learner more beneficial. The school will be provided with their own maps and will also have a CPD session run by Enrich Education.
Summer 2023- Autumn 2024	Invest in outdoor equipment <ul style="list-style-type: none"> <li>- Stepping stones</li> <li>- Table tennis table, bats and balls</li> <li>- Mini trim trail</li> <li>- Outdoor climbing frame for early years</li> <li>- General equipment for playground play</li> </ul>	Children are learning about various ways to be active and the importance of this throughout the day. Children have access to a variety of different equipment to ensure their playtimes and lunchtimes are active and engaging. PALS is being led effectively due to the equipment available to them and the large increase in children that are taking part. Children are being encouraged to talk about brain breaks, movement breaks and using language the promotes activity so that they can link their play to their health and well-being. More children are engaged through play in being active and they are learning new sports and their agility and stamina is growing. <p>59 out of 60 children achieved the early learning goal for physical development. Children in reception and nursery are confident in key skills needed to support their physical development in balance, coordination and agility and are confident with their gross motor development.</p>
Autumn 2024	Subsidising vulnerable learners swimming lessons	Year 5 went swimming in the Autumn Term and had a total of 14 sessions. All children were able to take part in swimming lessons which is an essential life skill.